

DeepMind

# REINFORCEMENT LEARNING

## Computational Modeling for Learning and Decision Making

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# Reinforcement Learning (RL)



→ What do both videos have in common?

Slide credit:

Maria Eckstein

([mariaeckstein@deepmind.com](mailto:mariaeckstein@deepmind.com))

# What is RL?

Learning from rewards;



and punishment.



# How to Use RL (as a Cognitive Model)?

Goal



Reward

+1

Ingredients

action = [→, ←]

state = []

reward = [0, +1]

Algorithm

$$Q(s,a) \leftarrow Q(s,a) + \alpha \text{RPE}$$

$$\text{RPE} = r + \gamma Q(s',a') - Q(s,a)$$



action = [jump, stand]

state = []

reward = [0, ]

???

# Questions?

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# Lecture Roadmap



# Reinforcement Learning (RL)

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1. **Introduction**
2. RL from a psychology perspective
3. RL from an AI perspective
4. RL from a neuroscience perspective
5. Bringing it all together: RL as a cognitive model
6. Conclusion



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Maria Eckstein

(mariaeckstein@deepmind.com)

# Reinforcement Learning (RL)

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4. RL from a neuroscience perspective
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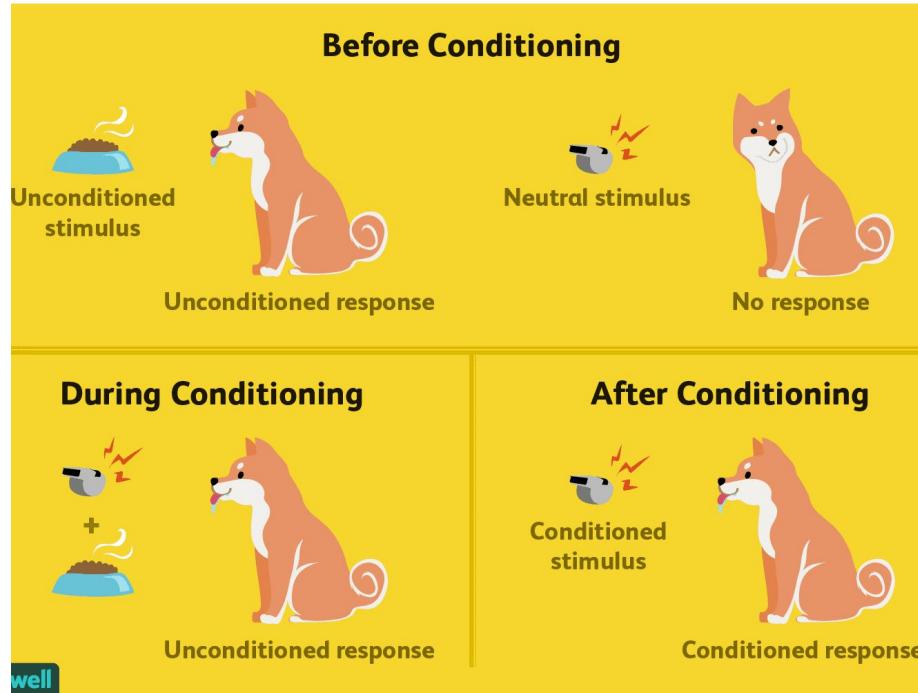
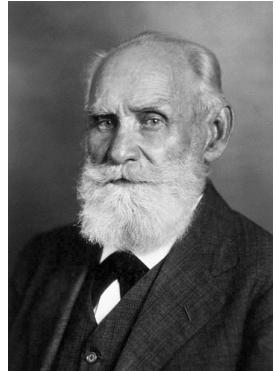
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# RL from a psychology perspective



# Classical Conditioning

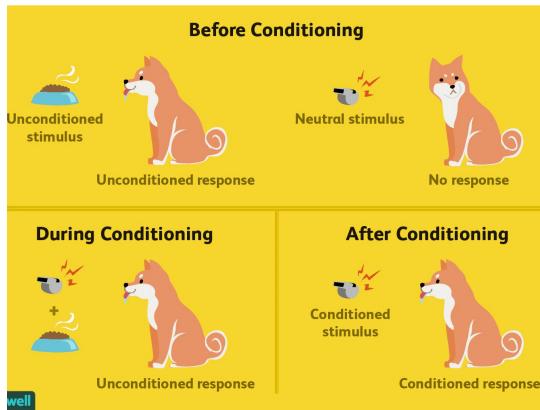


Animals learn associations between US (e.g., food) and neutral CS (e.g., bell) when they reliably co-occur.



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# The Rescorla-Wagner Model (1972)



$$\text{RPE} = \lambda - \sum [\text{value}(CS)]$$

$$\text{value}(CS) \leftarrow \underbrace{\text{value}(CS)}_{\text{Old value (before learning)}} + \alpha_{CS} * \beta_{US} * \text{RPE}$$

Combined predictive value of all stimuli

- Stimuli (CS) have “associative strength” (**value**)
  - Does the stimulus predict a US (**reward**)?
- When reward arrives, there might a “reward prediction error” (RPE)
  - Was the reward predicted by the present stimuli?
- RPEs trigger learning: update values to predict reward better
  - $\lambda$  is the maximum conditioning possible for the **US**
  - Learning speed depends on “salience” ( $\alpha_{CS}$ ) and “association value” ( $\beta_{US}$ )

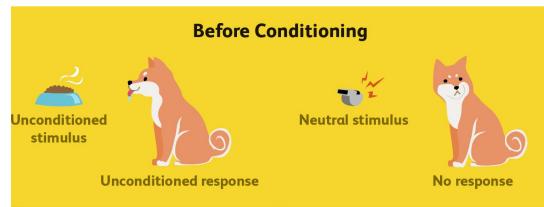


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# Rescorla-Wagner Example



```
value(bell): 0  
λ: 1  
RPE: 1  
New value(bell): 0.5
```

```
value(bell): 0.5  
λ: 1  
RPE: 0.5  
New value(bell): 0.75
```

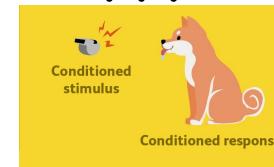
```
value(bell): 0.75  
λ: 1  
RPE: 0.25  
New value(bell): 0.865
```

$$RPE = \lambda - \sum [value(CS)]$$

$$value(CS) \leftarrow value(CS) + \alpha_{CS} * \beta_{US} * RPE$$

[[Assume  $\alpha_{CS} * \beta_{US} = 0.5$  and  $\lambda = 1$ ]]

???



value(bell): 1

"Conditioned response"

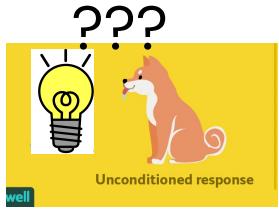
# Blocking Example



```
value(bell):      1  
λ:               1  
RPE:             0  
New value(bell): 1 (no change)
```



```
value(bell):      1  
value(light):     0  
 $\Sigma[\text{value(CS)}]$ : 1  
λ:               1  
RPE:             0  
New value(bell): 1 (no change)  
New value(light): 0 (no change)
```



```
value(light):      0
```

No "Conditioned response"

$$\text{RPE} = \lambda - \sum[\text{value(CS)}]$$

$$\text{value(CS)} \leftarrow \text{value(CS)} + \alpha_{\text{CS}} * \beta_{\text{US}} * \text{RPE}$$

[[Assume  $\alpha_{\text{CS}} * \beta_{\text{US}} = 0.5$  and  $\lambda = 1$ ]]

11nd

# Operant conditioning



```
value(press|lev) : 0  
reward: 1  
RPE: 1  
New value(press|lev) : 0.5
```



```
value(press|lev) : 0.5  
reward: 1  
RPE: 0.5  
New value(press|lev) : 0.75
```

...

```
value(press|lev) : 1
```



$$\text{RPE} = \text{reward} - \text{value(action|state)}$$

Mind

$$\begin{aligned}\text{value(action|state)} &\leftarrow \\ \text{value(action|state)} &+ \alpha * \text{RPE}\end{aligned}$$

**Quizz:** According to this theory, what would the trained rat do when it is fully satiated and sees the lever?

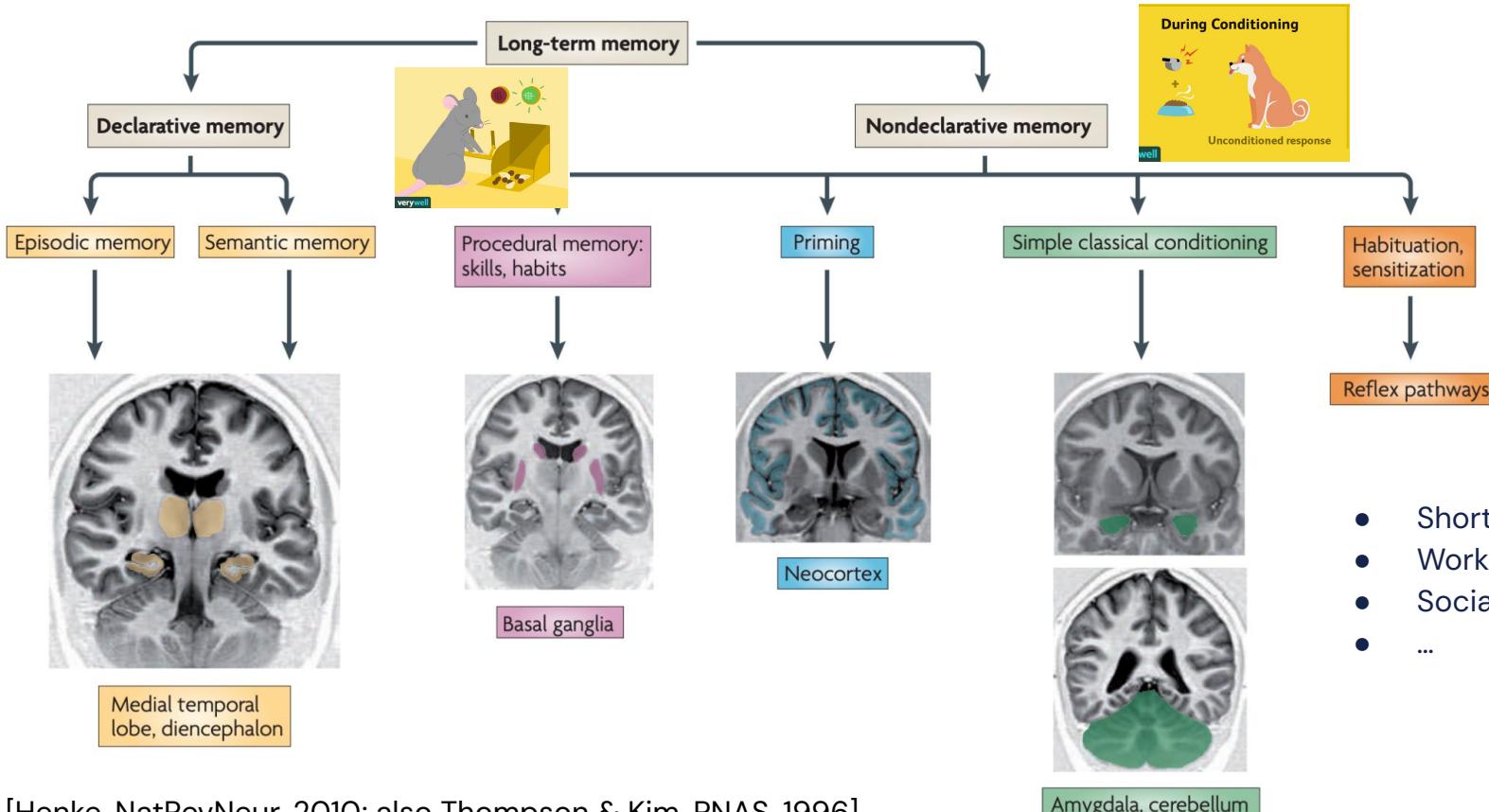
- A) Press the lever
- B) Not press the lever

-> Link to "*habitual*" versus "*goal-directed*" behavior.



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# Multiple memory systems



# Questions?

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# Reinforcement Learning (RL)

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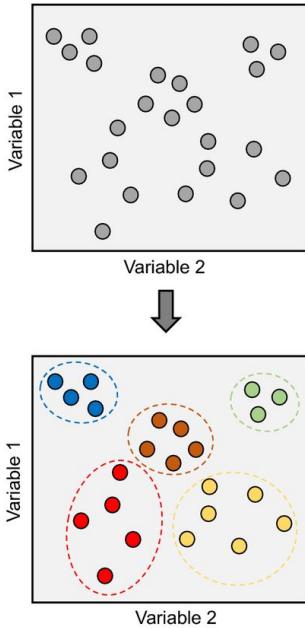
# RL from an AI perspective



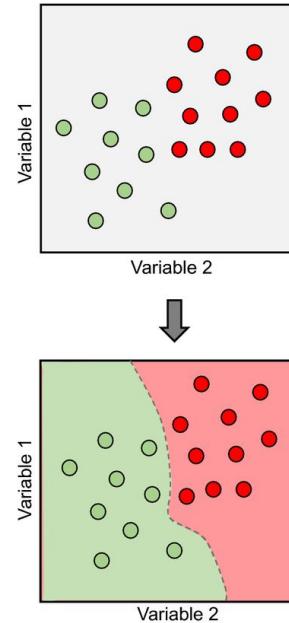
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# RL in the context of machine learning (ML)

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**Unsupervised learning:** Learn patterns or structure in data  
(e.g., dimensionality reduction, clustering, ...)



**Supervised learning:** Learn to predict target(s)  
(e.g., regression, classification, ...)



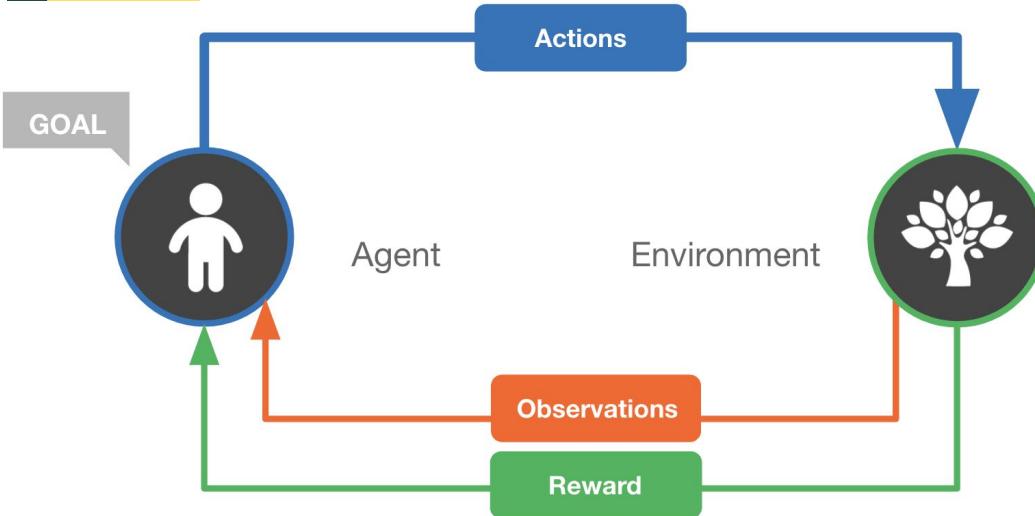
**Reinforcement Learning:** Learn from interactions in the world, through a scalar reward signal

# RL Ingredients

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verywell



**Agent:** Learns a policy  $\pi$  that maps observations to actions, in order to maximize rewards.

**Environment:** E.g., experimental task; game (chess, Starcraft); factory (robotics); fusion reactor; ...

**Reward:**

- *Extrinsic* (food, water, hard-coded)
- *Intrinsic* (curiosity, novelty, empowerment, learning progress, compression, explanation, ...)



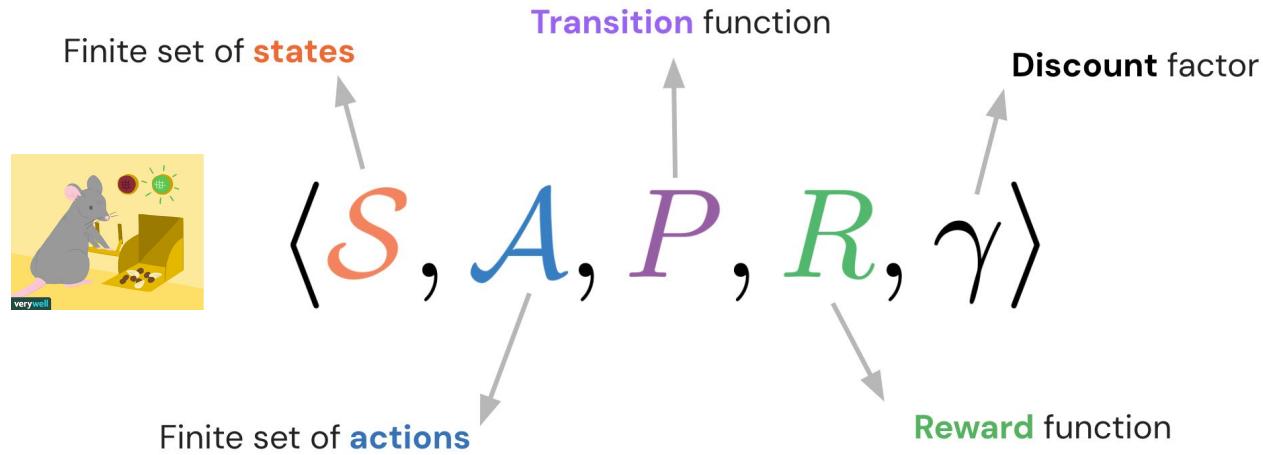
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# The Markov Decision Process (MDP)

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**Markov Decision Processes** allow us to *formalize* and *solve* the RL problem.



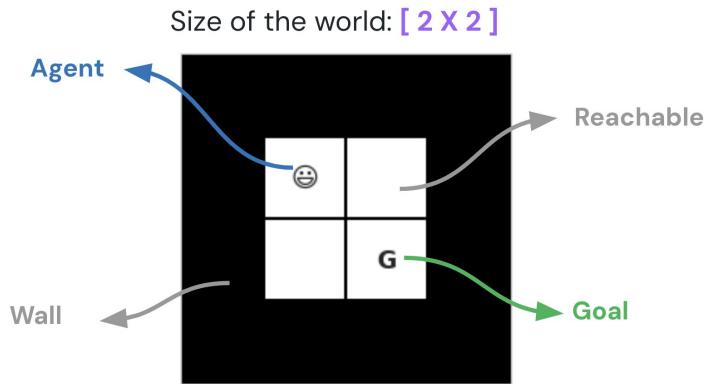
**Markov Property:** The next state depends only on the current state and action, not on the entire history (e.g., chess).

$$P(s_{t+1} | s_t, a_t, s_{t-1}, a_{t-1}, \dots, s_0) = P(s_{t+1} | s_t, a_t)$$

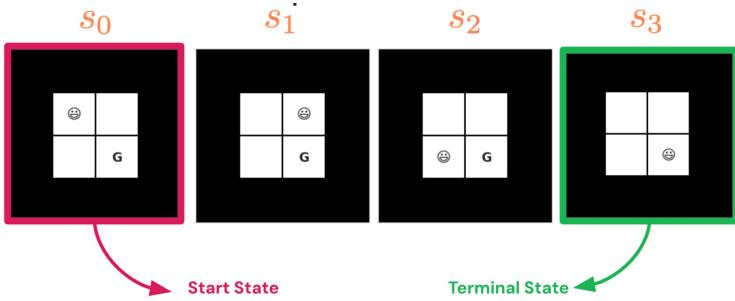
Future      Present      Past



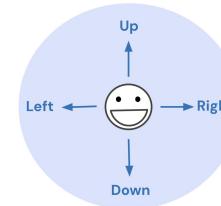
# Grid Worlds



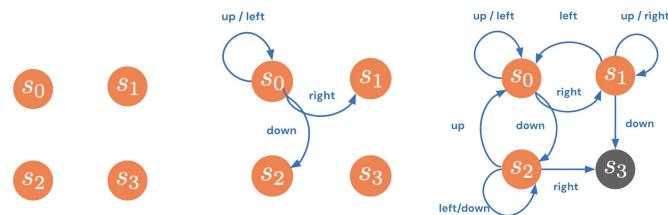
State space  $\mathcal{S}$



Action Space  $\mathcal{A}$



Transition model  $P$



Rewards  $R$

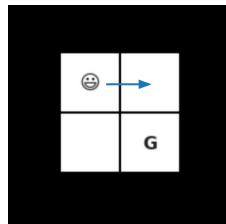
Empty cell: 0  
Wall: -5  
Goal: +10



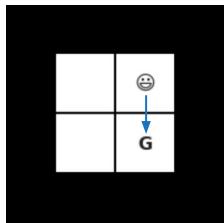
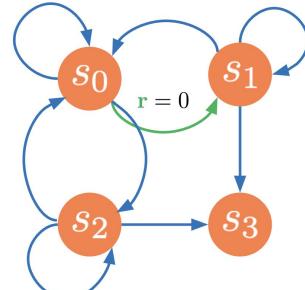
credit:  
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# Policy and Values

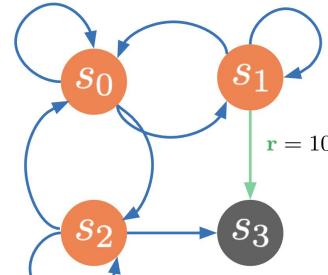
In MDP terms:



[assume  $\gamma = 0.9$ ]  
 $Q^{\pi^*}(s_0, a_{\text{right}}) = 0 + 0.9 * 10 = 9$



$Q^{\pi^*}(s_1, a_{\text{down}}) = 10 + 0.9 * 0 = 10$



**Agent's goal:** Maximize ( $\gamma$ -discounted) sum of future

rewards:

$$G_t = \underbrace{r_t + \gamma r_{t+1} + \gamma^2 r_{t+2} + \dots}_{\text{Return}}$$

To achieve this, the agent learns an action **policy  $\pi$ :**

$$a_t \sim \pi(a_t | s_t)$$

**How do we find this policy?**



Using values! Once we have (optimal) values, executing the optimal policy is easy:

$$\pi^*(s) = \max_a Q^*(s, a)$$

This works because values are defined as:

$$Q^\pi(s_t, a_t) = \mathbb{E}_\pi [r_t + \gamma r_{t+1} + \gamma^2 r_{t+2} + \dots]$$

# Learning the value function

$$Q^\pi(s_t, a_t) = \mathbb{E}_{\pi} [r_t + \gamma r_{t+1} + \gamma^2 r_{t+2} + \dots | s_t, a_t]$$

**Practically:** We can't predict the future! (And we don't want to...)

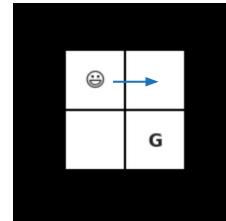
$$P(s_{t+1}|s_t, a_t, s_{t-1}, a_{t-1}, \dots, s_0) = P(s_{t+1}|s_t, a_t)$$

## SARSA (on-policy control)

- Bootstrapping value updates based on "on-policy" (actual) experience

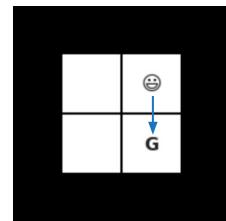


$$Q(s, a) \leftarrow \underbrace{Q(s, a)}_{\text{old value}} + \alpha \underbrace{\left( \underbrace{r}_{\text{reward}} + \underbrace{\gamma Q(s', a')}_{\text{Value next state}} - \underbrace{Q(s, a)}_{\text{Old value}} \right)}_{\text{RPE}}$$



All Q's=0

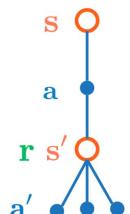
$$Q(s_0, \text{right}) \leftarrow 0 + \alpha (0 + \gamma * 0 - 0) = 0$$



$$Q(s_1, \text{down}) \leftarrow 0 + \alpha (10 + \gamma * 0 - 0) = 5$$

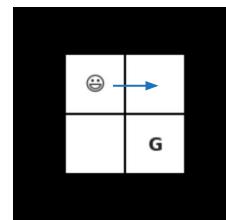
## Q-learning (off-policy control)

- Bootstrapping value updates based on "off-policy" (hypothetical) experience

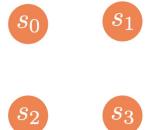


$$Q(s, a) \leftarrow Q(s, a) + \alpha \left( r + \gamma \max_{a'} Q(s', a') \right) - Q(s, a)$$

$$\pi^*(s) = \max_a Q^*(s, a)$$



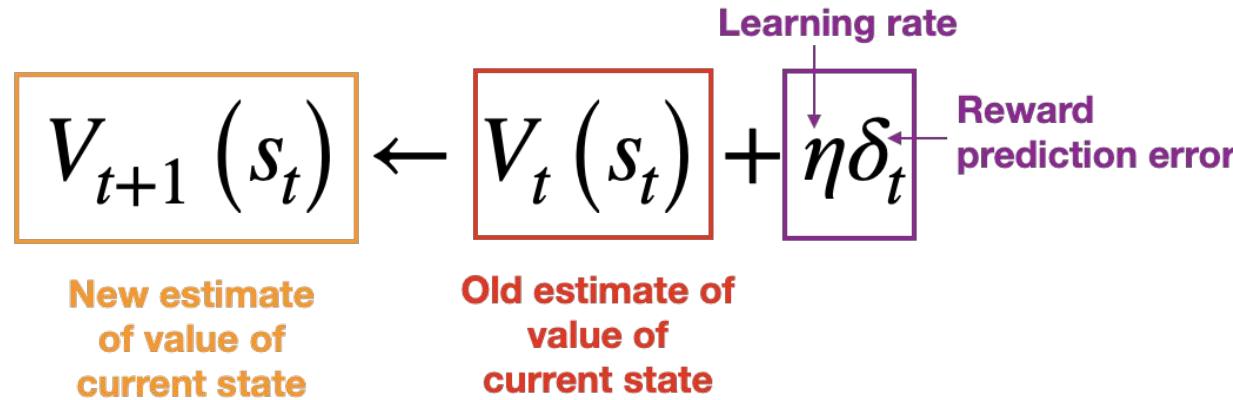
$$Q(s_0, \text{right}) \leftarrow 0 + \alpha (0 + \gamma * 5 - 0) = 2.25$$



Confidence  
values

# Temporal Difference (TD) Learning

$$\begin{aligned}\text{Value}(s) &+= \alpha * \text{RPE} \\ \text{RPE} &= r - \text{Value}(s)\end{aligned}$$



$$\delta_t = R_t + \gamma V_t(s_{t+1}) - V_t(s_t)$$

Annotations explain the components:

- $\delta_t$  is labeled "Reward prediction error".
- $R_t + \gamma V_t(s_{t+1})$  is labeled "Actual observed value of current state (written the recursive way)".
- $V_t(s_t)$  is labeled "Old estimate of value of current state".



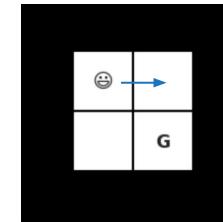
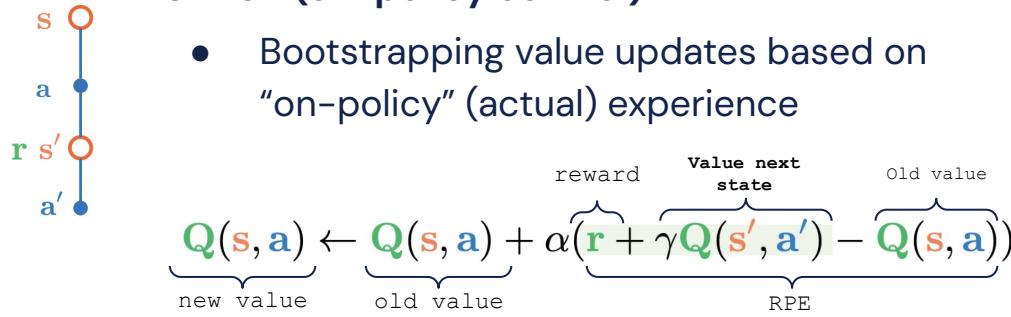
Slide credit:

# Learning the value function

**Problem:** We can't predict the future! (And we don't want to...)

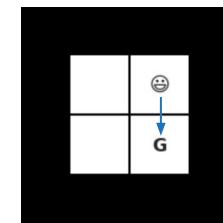
## SARSA (on-policy control)

- Bootstrapping value updates based on "on-policy" (actual) experience



All Q's=0

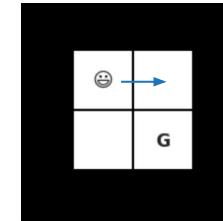
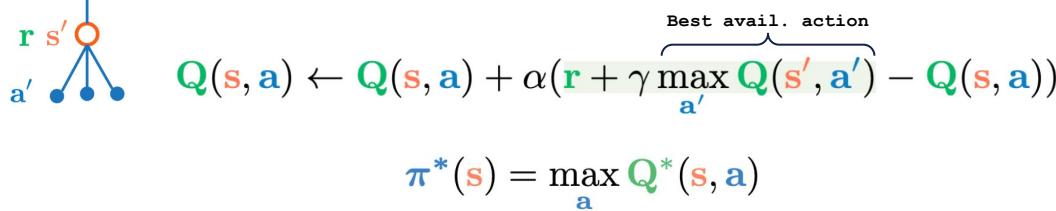
$$Q(s_0, \text{right}) \leftarrow 0 + \alpha (0 + \gamma^* 0 - 0) = 0$$



$$Q(s_1, \text{down}) \leftarrow 0 + \alpha (10 + \gamma^* 0 - 0) = 5$$

## Q-learning (off-policy control)

- Bootstrapping value updates based on "off-policy" (hypothetical) experience



$$Q(s_0, \text{right}) \leftarrow 0 + \alpha (0 + \gamma^* 5 - 0) = 2.25$$



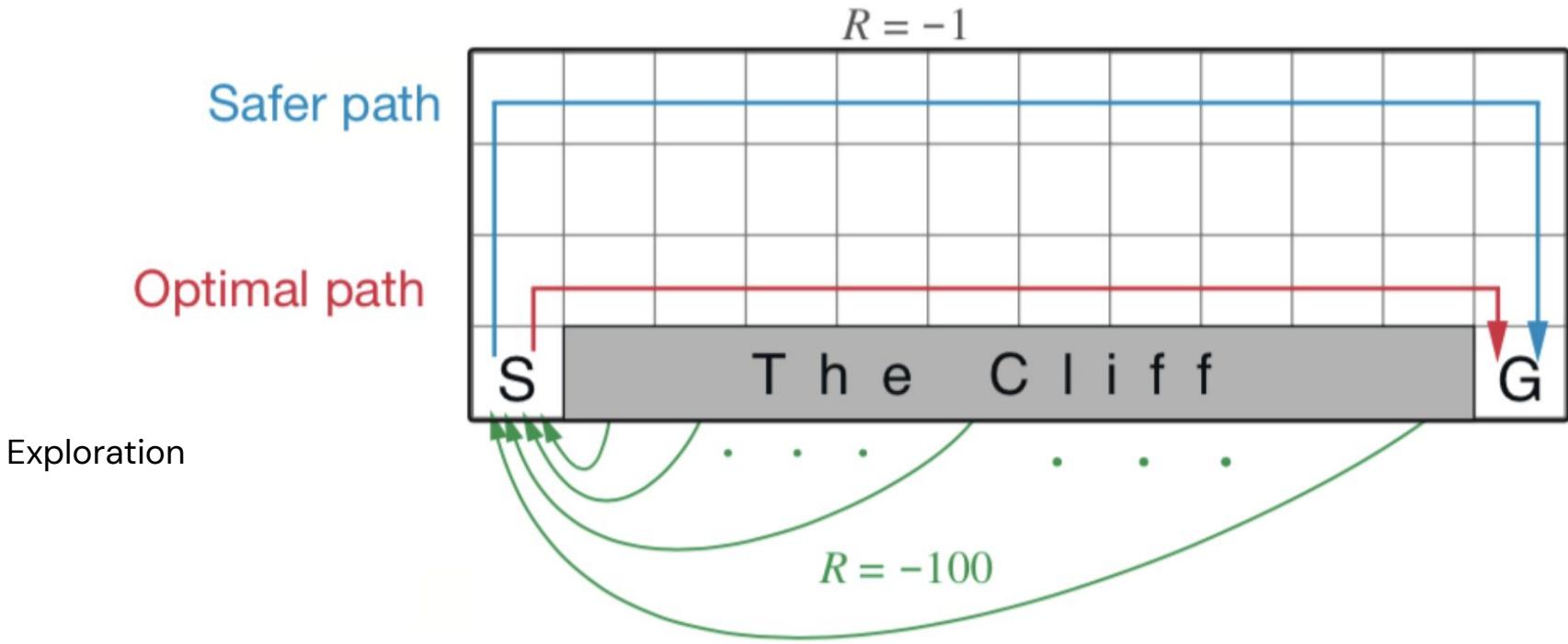
credit:

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Jane Wang, Ferial Bebahani (@deepmind)

# SARSA vs Q-Learning: The Cliff-walking Example



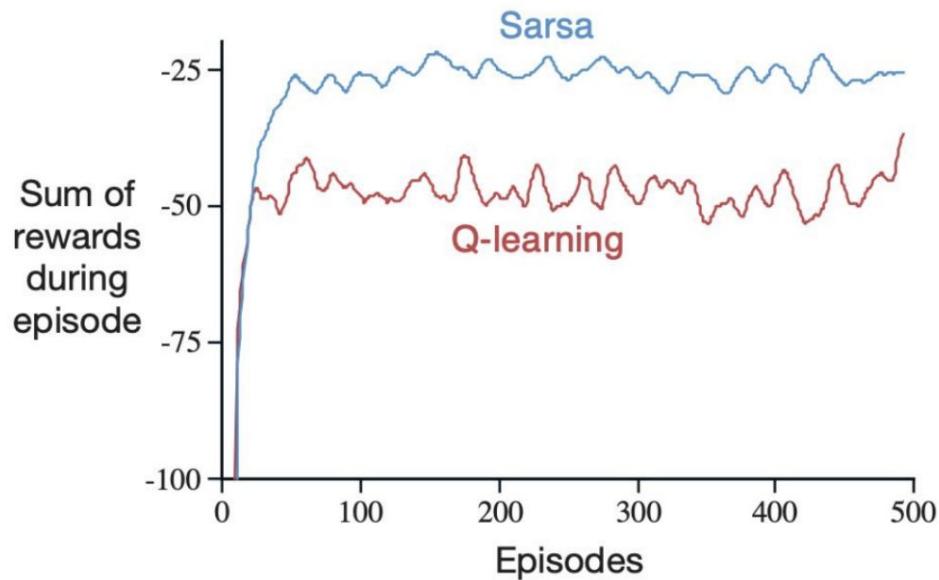
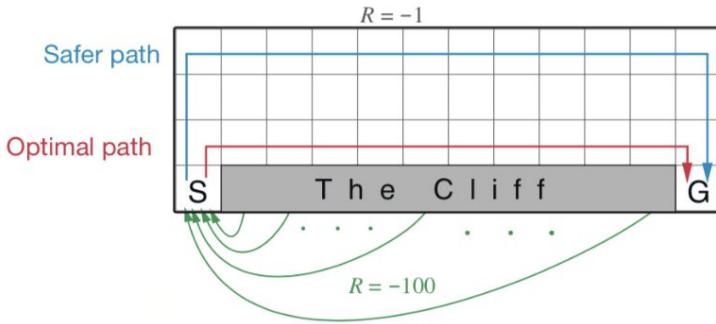
Sutton & Barto. Reinforcement Learning: An Introduction. (Chapter 6)

Slide credit:

Jane Wang, Feryal Bebahani  
(@deepmind)

# SARSA vs Q-Learning: The Cliff-walking Example

- **Q-learning** learns the **optimal path** while its online performance is worse than **SARSA**.
- **SARSA** learns the **safer path**.

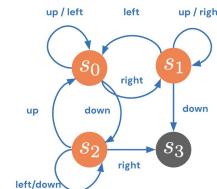


# Cheat Sheet

**Rescorla Wagner:** keep track of reward expectations



**TD Learning:** +over time



**SARSA:** +control (on-policy)

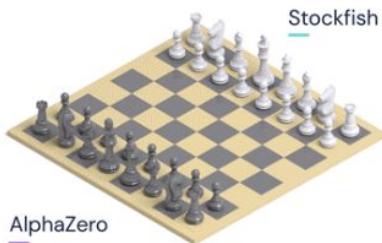


**Q-Learning:** +control (off-policy)



# Real-world Reinforcement Learning: Examples

Game playing



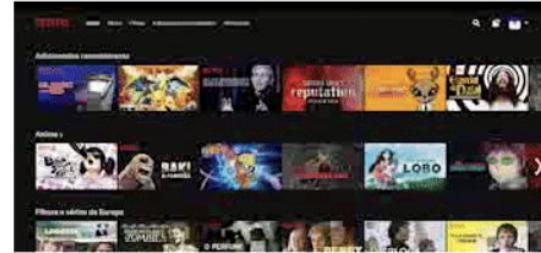
Robotics /  
Manipulation



Self-driving cars



User personalization



Managing energy usage



# Questions?

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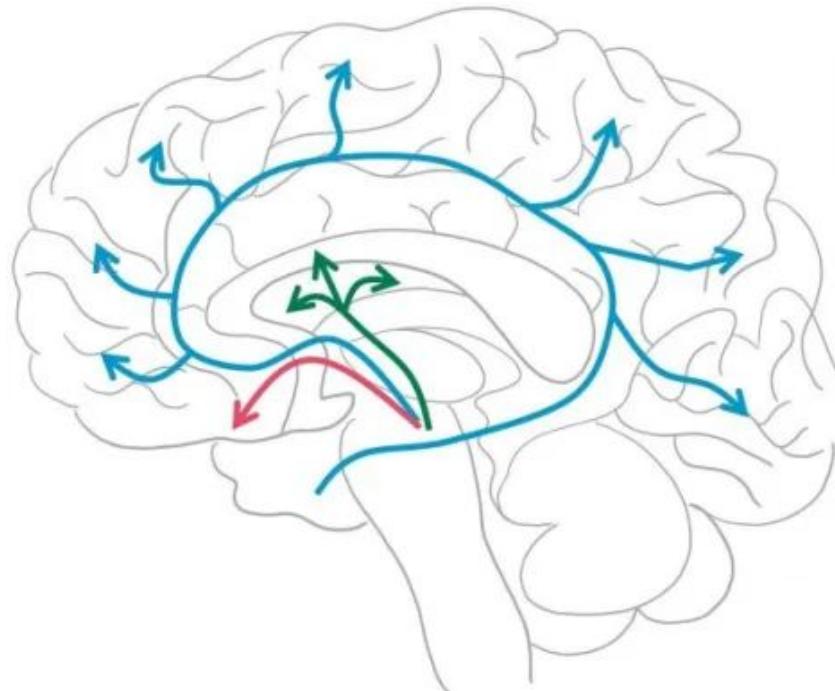
# RL in neuroscience



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# The Neurotransmitter Dopamine

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## MESOCORTICAL

Cognition, Memory,  
Attention, Emotional  
Behavior, & Learning

## NIGROSTRIATAL

Movement & Sensory  
Stimuli

## MESOLIMBIC

Pleasure & Reward  
Seeking Behaviors;  
Addiction, Emotion,  
Perception

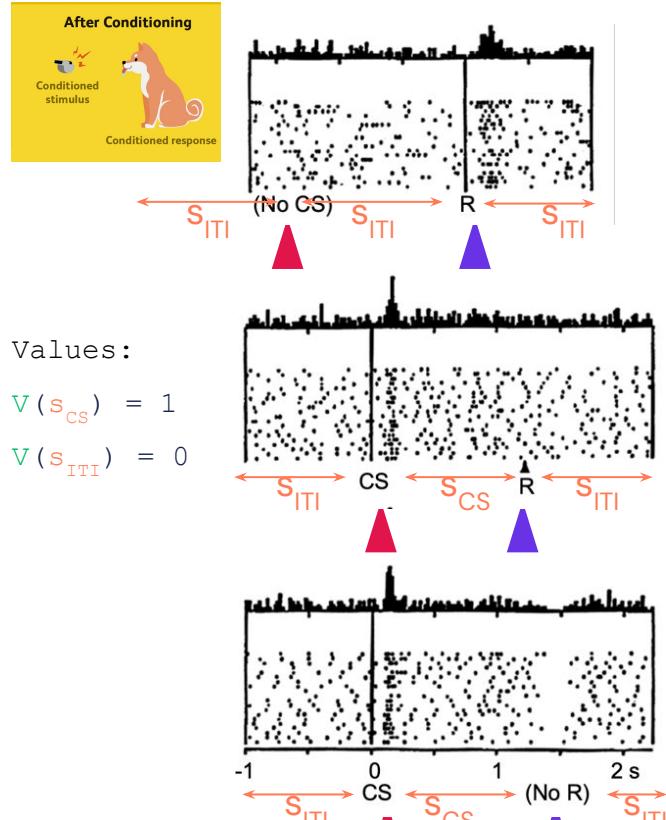
Essential for theory of  
reinforcement  
learning!



# Dopamine Reward Prediction Errors

**Quizz:** What does dopamine

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$$\begin{aligned} RPE &= r + \gamma V(s_{ITI}) - V(s_{ITI}) \\ &= 0 + \gamma 0 - 0 = 0 \end{aligned}$$

$$\begin{aligned} RPE &= r + \gamma V(s_{ITI}) - V(s_{ITI}) \\ &= 1 + \gamma 0 - 0 = 1 \end{aligned}$$

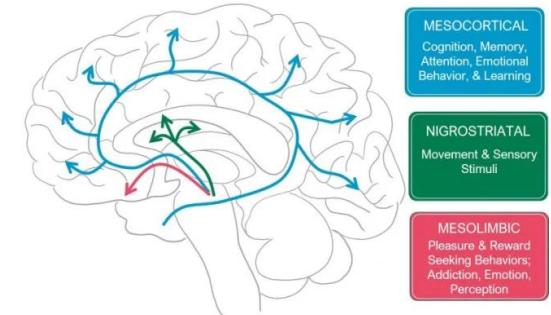
$$\begin{aligned} RPE &= r + \gamma V(s_{CS}) - V(s_{ITI}) \\ &= 0 + \gamma 1 - 0 = 0.9 \end{aligned}$$

$$\begin{aligned} RPE &= r + \gamma V(s_{ITI}) - V(s_{CS}) \\ &= 1 + \gamma 0 - 1 = 0 \end{aligned}$$

$$\begin{aligned} RPE &= r + \gamma V(s_{CS}) - V(s_{ITI}) \\ &= 0 + \gamma 1 - 0 = 0.9 \end{aligned}$$

$$\begin{aligned} RPE &= r + \gamma V(s_{ITI}) - V(s_{CS}) \\ &= 0 + \gamma 0 - 1 = -1 \end{aligned}$$

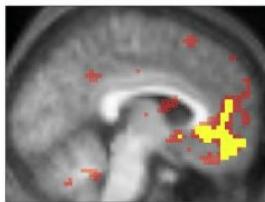
$$TD\ RPE = r + \gamma V(s') - V(s)$$



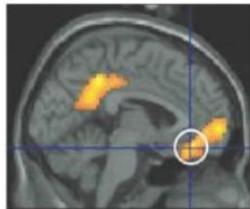
- Converging evidence across studies and species
- Mostly in simple conditioning paradigms

[Niv, 2009]

# Human fMRI



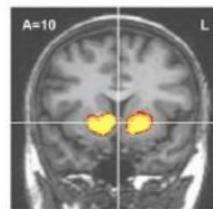
money  
value predicted  
(Daw et al 2006)



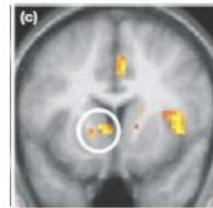
faces  
attractiveness  
(O' Doherty et al 2003)



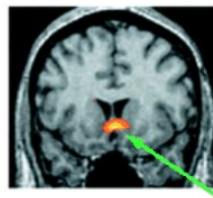
Coke or Pepsi  
degree favored  
(McClure et al. 2004)



money  
gain vs loss  
(Kuhnen & Knutson  
2005)



food odors  
valued vs devalued  
(Gottfreid et al 2003)



juice  
unpredictable vs  
predictable  
(Berns et al 2001)

Rewards / reward  
anticipation activate:

- Ventromedial  
prefrontal cortex
- Orbitofrontal cortex
- Striatum

➤ *Generalized  
appetitive  
function?*



# Questions?

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credit:

Maria Eckstein

[\(mariaeckstein@deepmind.com\)](mailto:mariaeckstein@deepmind.com)

# Reinforcement Learning (RL)

Confidential - DeepMind

1. Introduction
2. RL from a psychology perspective
3. RL from an AI perspective
4. RL from a neuroscience perspective
5. **Bringing it all together: RL as a cognitive model**
6. Conclusion



credit:

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# RL for Cognitive Modeling



Slide credit:  
Maria Eckstein  
([mariaeckstein@deepmind.com](mailto:mariaeckstein@deepmind.com))

# What is Cognitive Modeling?

**Goal:** Understand behavior, cognitive process

**Method:**

- Find model (e.g., RL, Regression, DDM, ...)
- “Fit” model (find best parameters, using cross-entropy loss / negative log likelihood)
- Expand model
  - e.g., forgetting; reward vs punishment [Frank et al., 2004]; WM [Collins & Frank, 2012]; counterfactuals [Boorman et al., 2011]; ...
- Model comparison (AIC, BIC, WAIC, ...)

**Result:**

- “Cognitive process”
- Fitted parameters (individual differences)
- Normative understanding (optimality)
- Quantitative methods, statistics
- Complex, multi-step processes
- Precise prediction



RL

$$\begin{aligned} \text{RPE} &= r + \gamma Q(s', a') - Q(s, a) \\ Q(s, a) &\leftarrow Q(s, a) + \alpha * \text{RPE} \end{aligned}$$



credit:  
Maria Eckstein  
[\(mariaeckstein@deepmind.com\)](mailto:mariaeckstein@deepmind.com)

# What is RL Modeling?

Goal



Reward

+1

Ingredients

action = [ $\rightarrow, \leftarrow$ ]

state = []

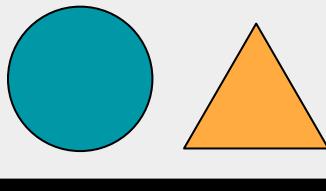
reward = [0, +1]

Algorithm

$$RPE = r + \gamma Q(s', a') - Q(s, a)$$

$$Q(s, a) \leftarrow Q(s, a) + \alpha * RPE$$

Choose one:



+1

action = [F H]

state = [○△, △○]

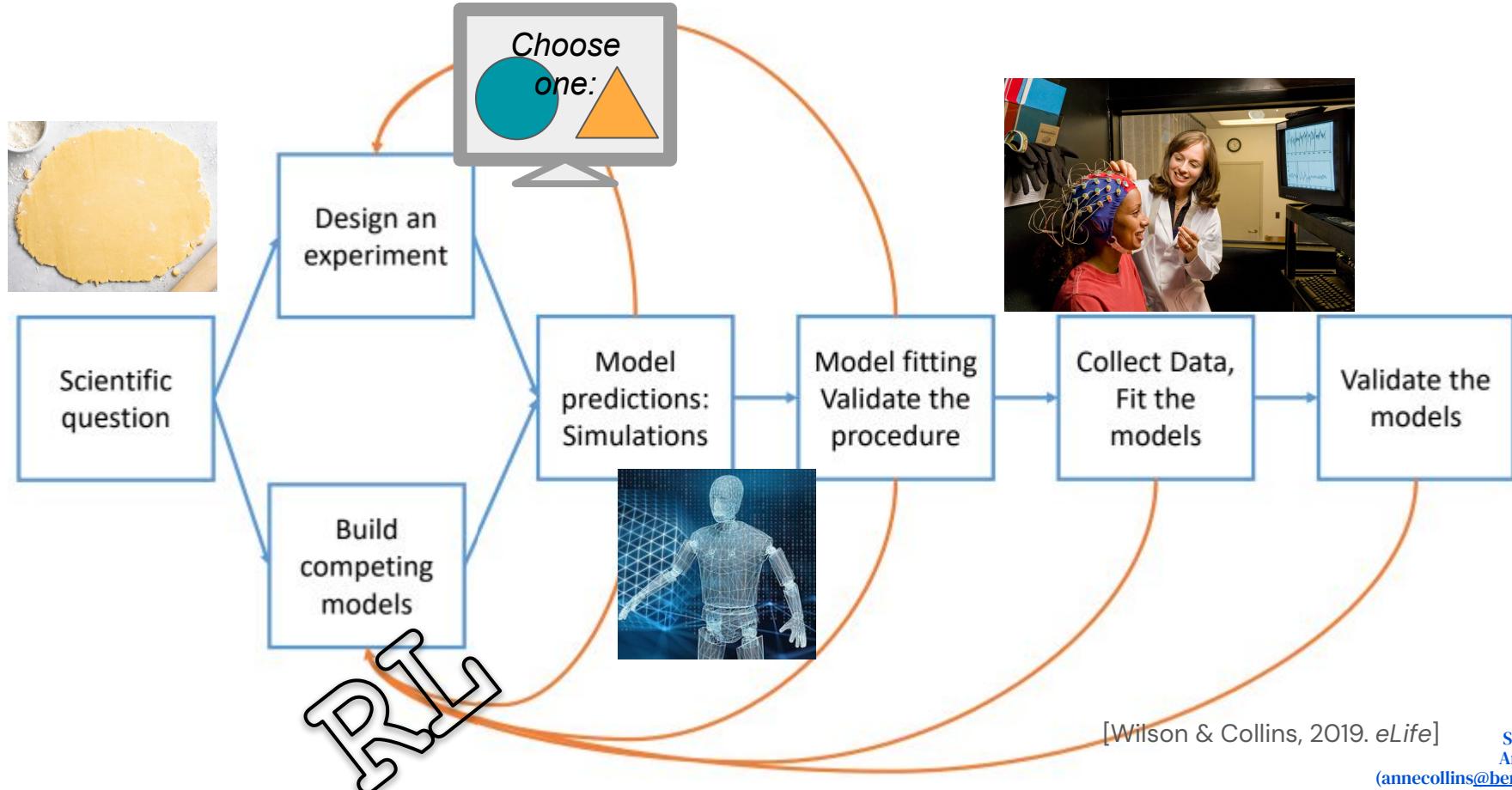
reward = [0, +1]

$$RPE = r + \gamma Q(s', a') - Q(s, a)$$

$$Q(s, a) \leftarrow Q(s, a) + \alpha * RPE$$

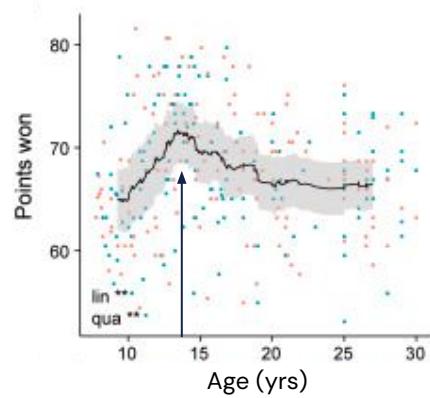
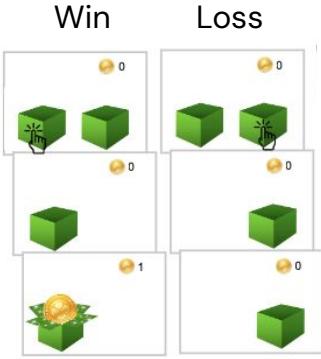
# A Recipe for Cognitive Modeling

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# Learning to Reversal Learn

**Goal:** Understand age trajectory of reversal learning



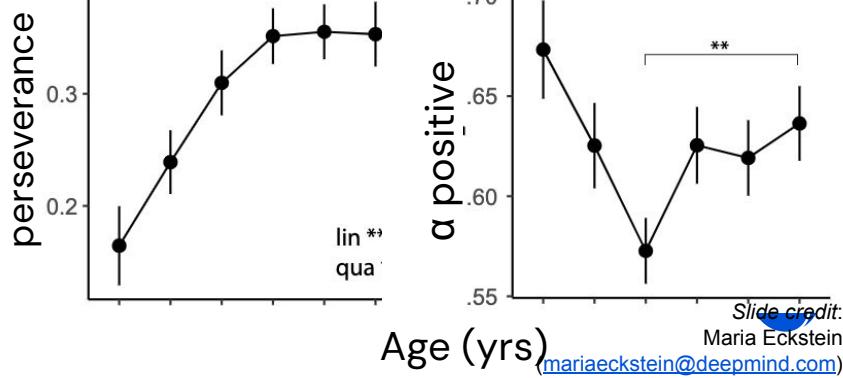
- Best performance at ~13–15

**Why?** Cognitive mechanism?

RL

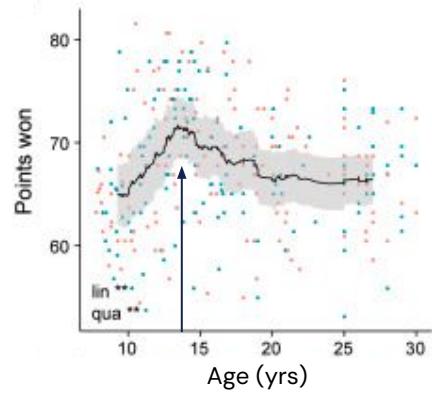
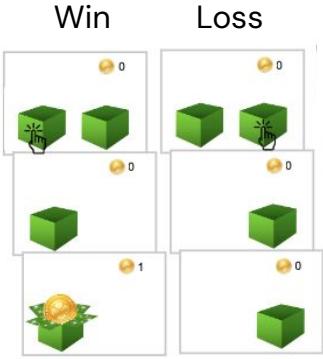
$$RPE = r - Q(s,a)$$

$$Q(s,a) \leftarrow Q(s,a) + \alpha * RPE$$



# Learning to Reversal Learn

**Goal:** Understand age trajectory of reversal learning

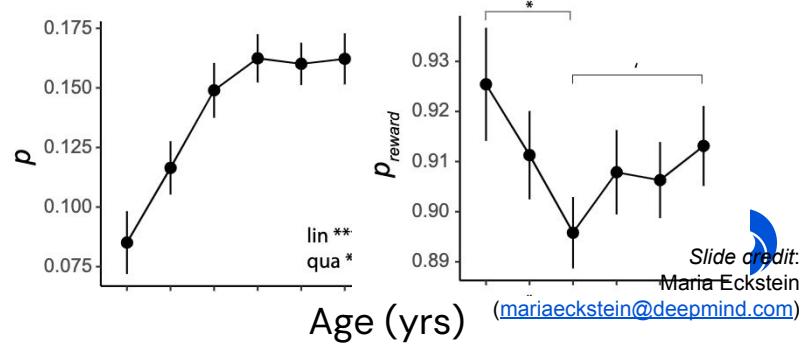
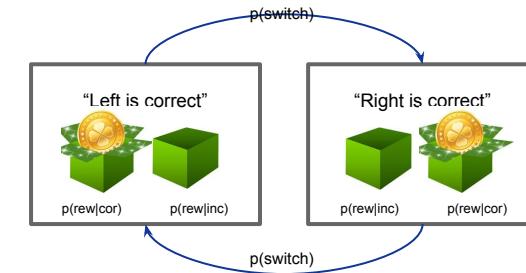


- Best performance at ~13–15

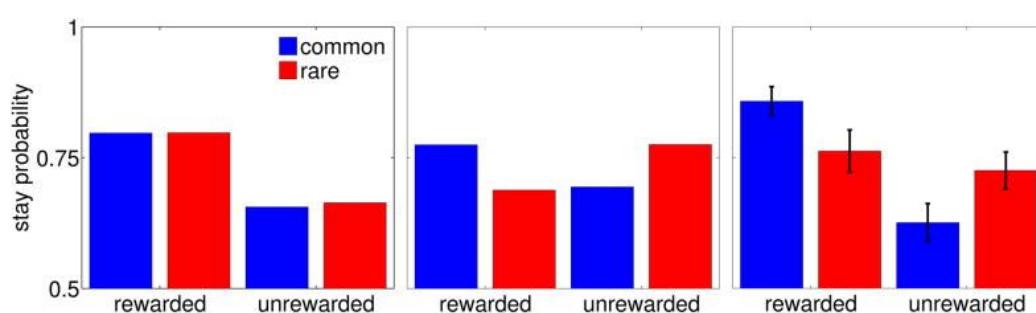
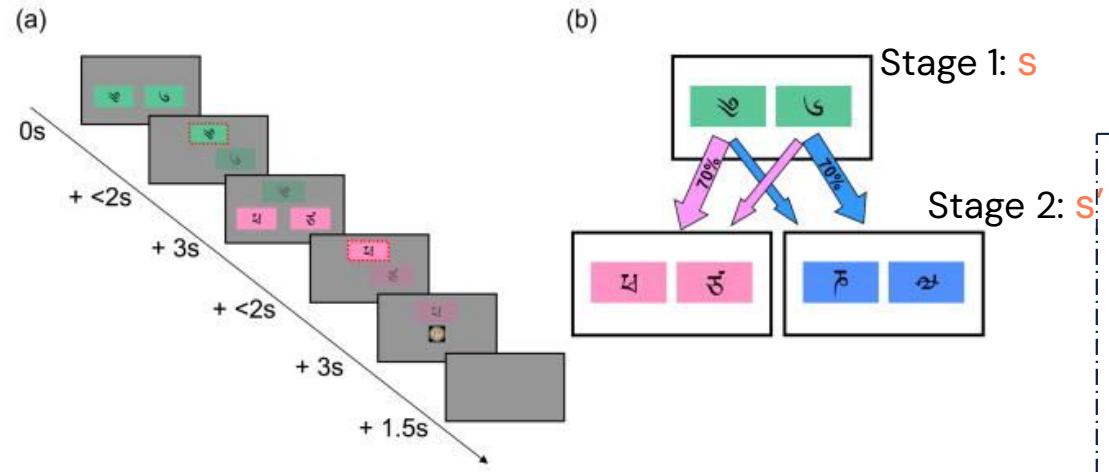
**Why?** Cognitive mechanism?

Inference

$$p(s_t | a_t, r_t) \propto p(a_t, r_t | s_t) * p(s_t)$$



# Model-based or model-free RL?



## Model-free: SARSA

At both stages:

$$RPE = r - Q(s, a) + Q(s', a')$$

$$Q_{MF}(s, a) \leftarrow Q(s, a) + \alpha * RPE$$

## Model-based

Stage 2:

$$RPE = r - Q(s', a')$$

$$Q(s', a') \leftarrow Q(s', a') + \alpha * RPE$$

Stage 1:

$$Q_{MB}(s, a) = p(s_A'|s, a) * \max_a Q(s_A', a') + p(s_B'|s, a) * \max_a Q(s_B', a')$$

## Hybrid

$$Q(s, a) = w * Q_{MF}(s, a) + (1 - w) * Q_{MB}(s, a)$$

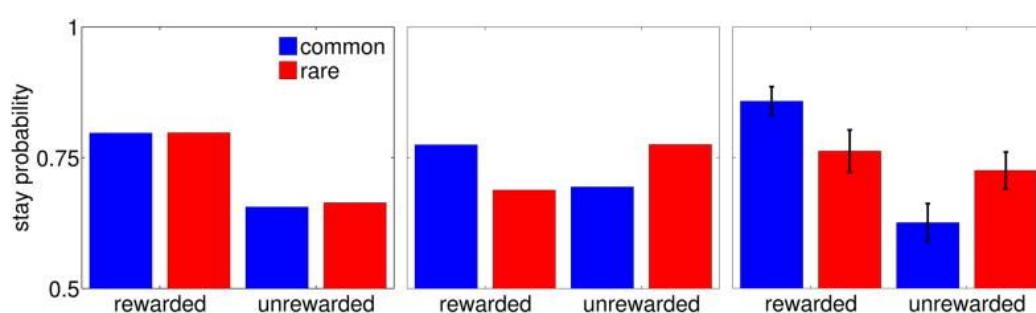
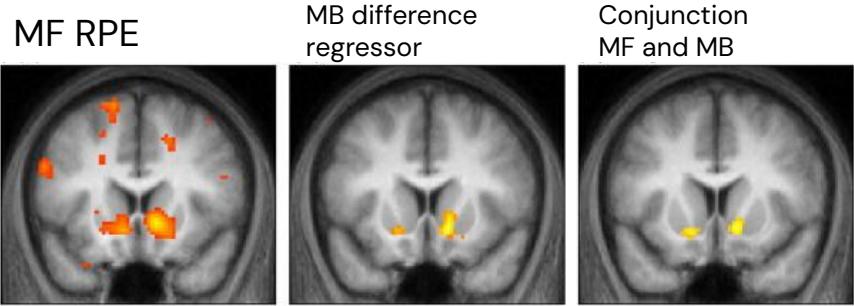
Slide credit: Maria.Eckstein

[\(mariaeckstein@deepmind.com\)](mailto:mariaeckstein@deepmind.com)

# Model-based or model-free RL?

## Results:

- Hybrid models ( $LL=3.364$ ) fits data better than MF alone ( $LL=3.418$ ) or MB alone ( $LL=3.501$ )
- Fitted value of  $w$  (median across subjects): 0.39



## Model-free: SARSA

At both stages:

$$RPE = r - Q(s,a) + Q(s',a')$$

$$Q_{MF}(s,a) \leftarrow Q(s,a) + \alpha * RPE$$

## Model-based

### Stage 2:

$$RPE = r - Q(s',a')$$

$$Q(s',a') \leftarrow Q(s',a') + \alpha * RPE$$

### Stage 1:

$$Q_{MB}(s,a) = p(s_A'|s,a) * \max_a Q(s_A',a') + p(s_B'|s,a) * \max_a Q(s_B',a')$$

## Hybrid

$$Q(s,a) = w * Q_{MF}(s,a) + (1 - w) * Q_{MB}(s,a)$$

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# Questions?

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Maria Eckstein

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# Reinforcement Learning (RL)

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5. Bringing it all together: RL as a cognitive model
6. **Conclusion**



credit:

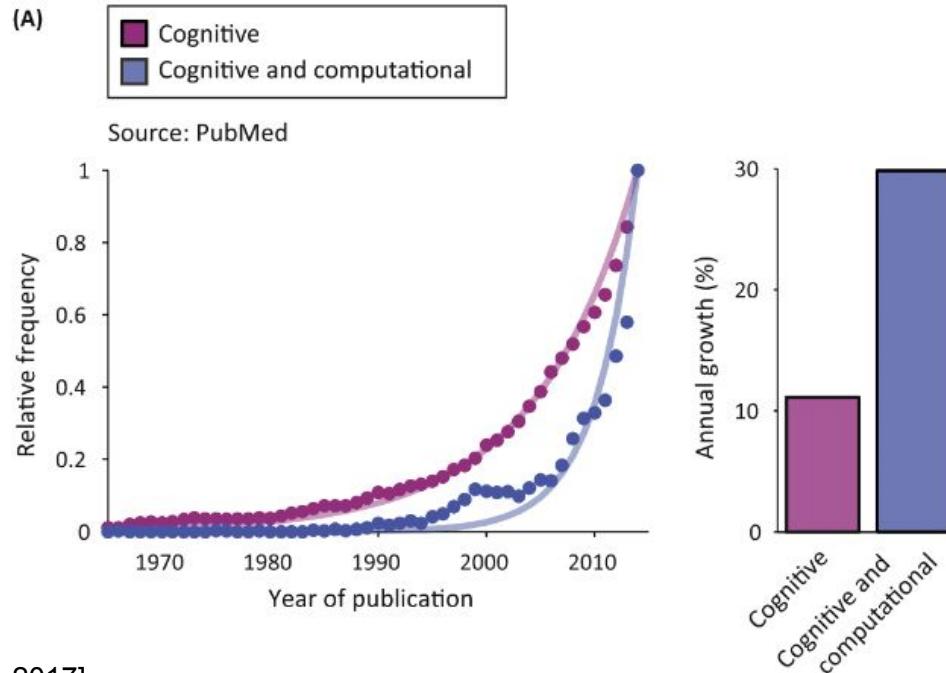
Maria Eckstein

([mariaeckstein@deepmind.com](mailto:mariaeckstein@deepmind.com))

# Conclusion

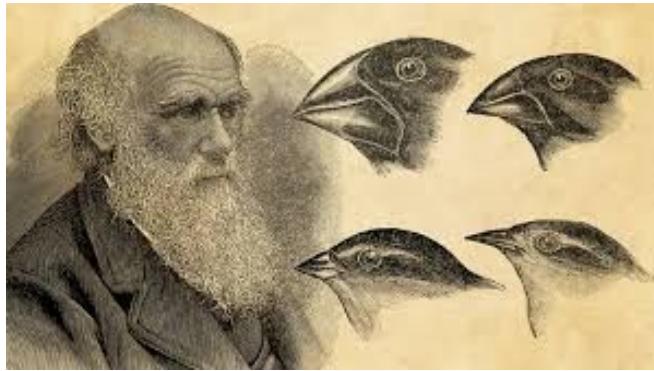


# Computational modeling is on the rise!

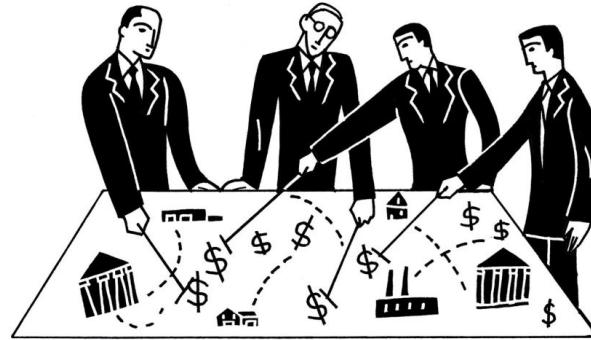


[Palminter et al., 2017]

# Where do rewards come from?



Evolution?



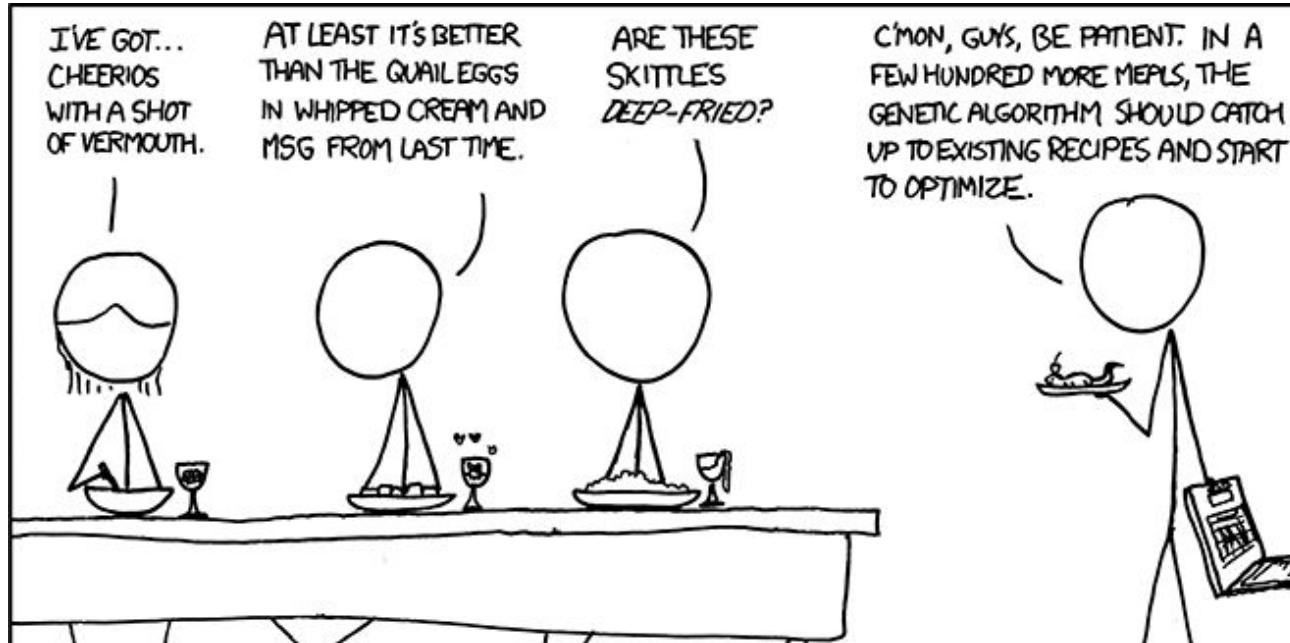
Economists?

- Intrinsic / extrinsic?
- Innate / learned?
- Context-dependent?
- Individual differences?



credit:  
Kim Stachenfeld  
(stachenfeld@deepmind.com)

# Exploration



- Epsilon-greedy / softmax?
- Structured exploration?
- Intrinsic goals?
- Sparse rewards



credit:

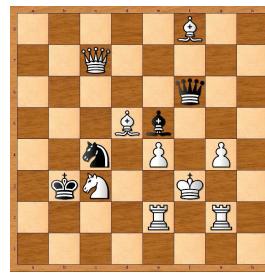
Kim Stachenfeld  
(stachenfeld@deepmind.com)

# Credit Assignment

Beginning



End



How to link distal outcomes to earlier causes despite many intervening events?

How to generalize over similar + different instances?

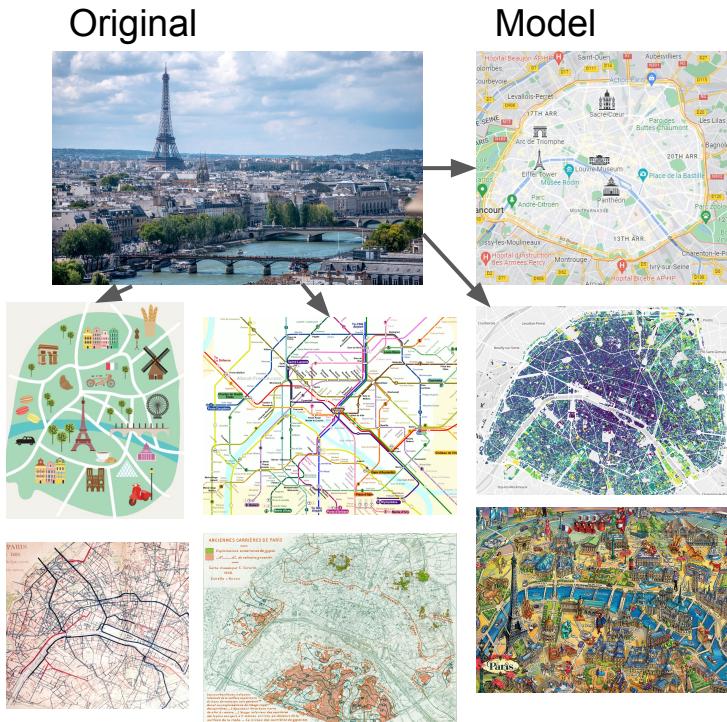
How to use knowledge of structure inform credit assignment?



credit:

Kim Stachefeld  
(stachenfeld@deepmind.com)

# Models as Maps



- Cognitive model = map
  - Smaller, more abstract
  - Loose information
- Different maps
  - Depending on the purpose
  - No one “true” map

# Questions?

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Maria Eckstein

[\(mariaeckstein@deepmind.com\)](mailto:mariaeckstein@deepmind.com)

# Want to Learn More?

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## Books

- [Reinforcement Learning: an Introduction by Sutton & Barto](#)
- [Algorithms for Reinforcement Learning by Csaba Szepesvari](#)

## Lectures and course

- [Neuromatch Lecture on RL by Jane Wang and Feryal Behbahani](#)
- [RL Course by David Silver](#)
- [Reinforcement Learning Course | UCL & DeepMind](#)
- [Emma Brunskill Stanford RL Course](#)
- [RL Course on Coursera by Martha White & Adam White](#)

## More practical

- [Spinning Up in Deep RL by Josh Achiam](#)
- [Acme white paper & Colab tutorial](#)
- [OpenAI Gym](#)

# Reinforcement Learning

An Introduction  
second edition

Richard S. Sutton and Andrew G. Barto



Maria Eckstein, Kim Stachenfeld  
[mariaeckstein@deepmind.com](mailto:mariaeckstein@deepmind.com),  
[stachenfeld@deepmind.com](mailto:stachenfeld@deepmind.com)

# Acknowledgements

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*Dog  
tricks  
by  
Justy*



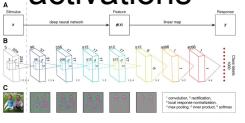
DeepMind

# Bonus



# Theory-driven vs Data-driven Models

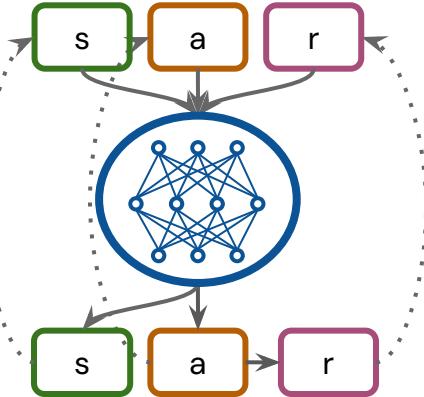
Analyze activations



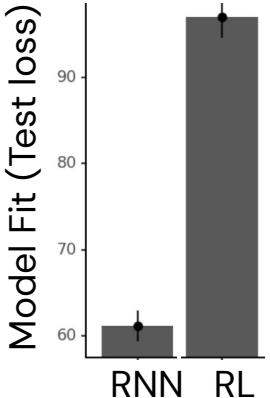
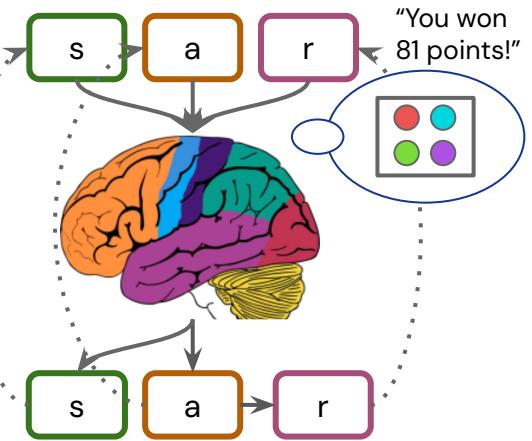
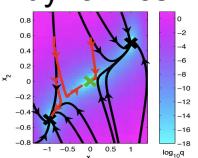
Explainability...



Vanilla RNN



Analyze dynamics



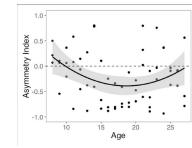
Trade-offs

- Predictive power (RNN) vs Interpretability (RL)
- What makes a good model?  
[Navarro, 1999; Box, 1979; Eckstein et al, 2021]

Uncover the cognitive process

- Why is RL underperforming?
- Which cognitive processes are missing?
- Which assumptions are wrong?

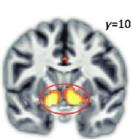
Cognitive development



[van den Bos et al., 2012; Lefebvre et al., 2017; Nussenbaum & Hartley, 2019; Master et al., 2020; Eckstein et al., 2022]

[Daw et al., 2006; O'Doherty et al., 2007; Dayan & Niv, 2008; Miller et al., 2017; Starkweather et al., 2018]

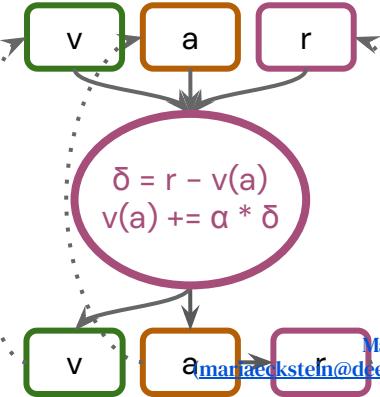
Brain function



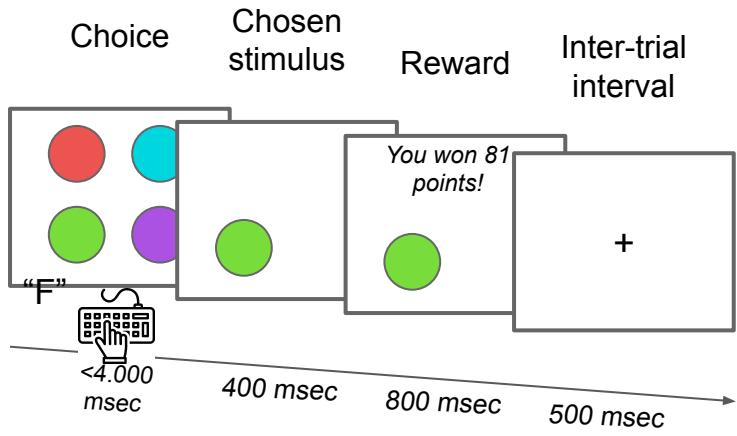
Abstraction,  
Model-based,  
Habits,  
Exploration,  
Sequences, ...



Classic RL



# Dataset



## Key points

- 4-armed bandit
- Arms drift independently

## Original task

- 14 participants, 150 trials, fMRI [Daw et al., 2006]

## Our version

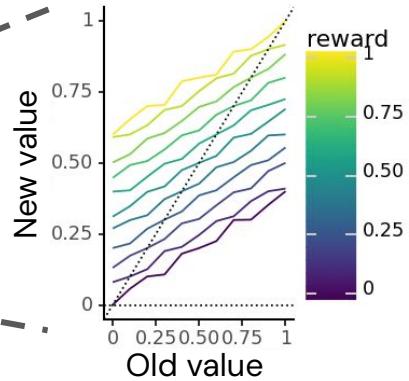
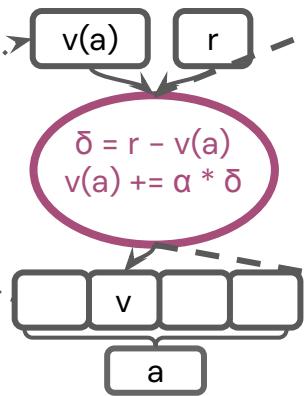
- 880 participants
- Several blocks (1 training block, several testing blocks à 150 trials)
- Online (prolific)
- Exclusion: 2% of participants, 0.6% of blocks



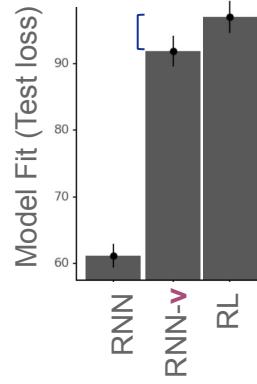
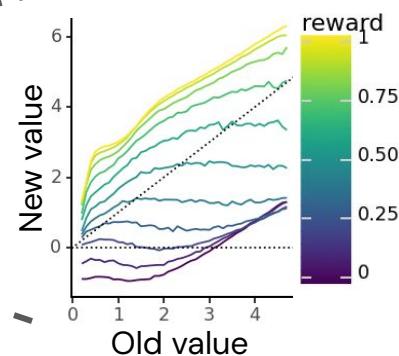
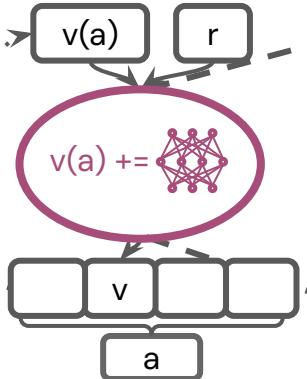
credit:  
Maria Eckstein  
[mariaeckstein@deepmind.com](mailto:mariaeckstein@deepmind.com)

# A Different Value Update, Learned from Data

RL



RNN- $v$



## Conclusion

- RNN- $v$  fits better than RL
- Human learning is different from pure RL theory
- But still a big gap in model fit
- Test other assumptions of RL

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# Testing other assumptions of RL

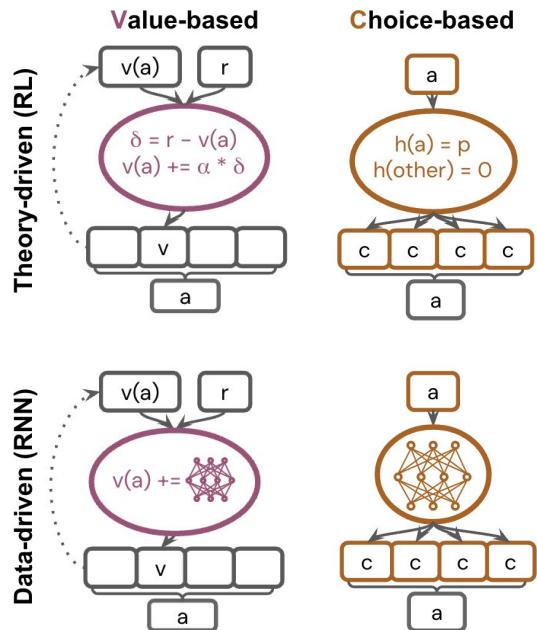
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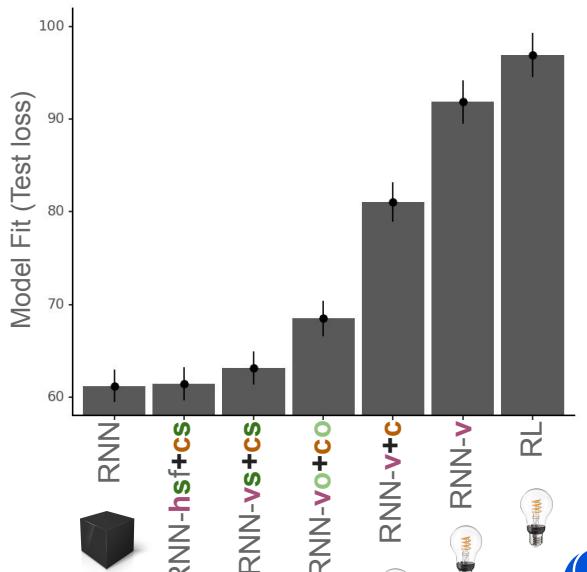
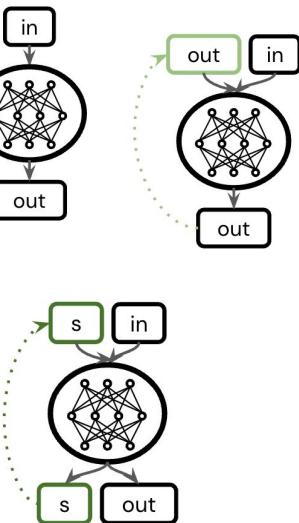
## Reward-independent processes

[e.g., Gillan et al., 2015; Miller et al., 2019;  
Sugawara & Katahira, 2021; ...]



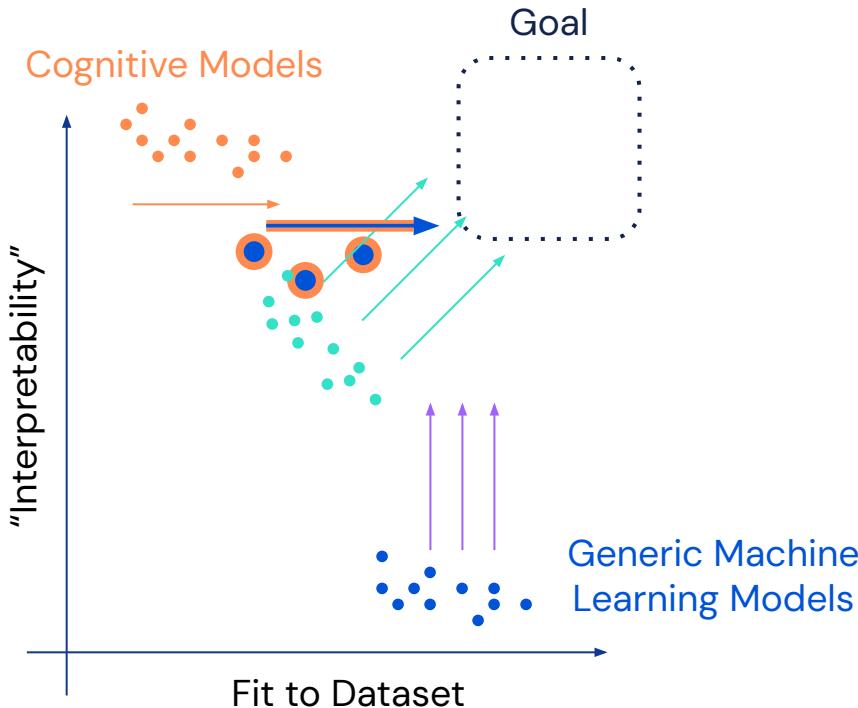
## Memory / Context

[e.g., Collins & Frank, 2012; Palminteri et al.,  
2015; Davidow et al., 2016; Gershman & Daw,  
2017; Wang et al., 2018; Ramani, 2019; ...]



# Conclusions: A Landscape of Possibilities

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- Quantitative models of behavior: A key tool for Comp. Cog. Neuro.
- Classic Cognitive modeling
- ML models as benchmarks
- ML models for post-hoc interpretability
- Interpretability-encouraging architectures
- Hybrid models
- Combining them!
- Your ideas?



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Kurth-Nelson



Kevin Miller



Nathaniel Daw



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Summerfield

